



## MONTHLY RATES EFFECTIVE: JULY 1, 2024- JUNE 30, 2025

### KAISER PERMANENTE

### Cigna

	Kaiser H.S.A HDHP/H S A	Kaiser HMO + Nonstop	Kaiser DHMO Plus + Nonstop	Cigna H S A	Cigna Nonstop	Cigna Open Access Plus (OAP) Nonstop
SINGLE	611.04	683.36	826.25	766.72	996.16	1,509.01
E+SPOUSE	1,361.18	1,396.05	1,740.29	1,722.43	2,175.15	3,300.60
E+ CHILD(REN)	1,101.52	1,204.87	1,452.95	1,391.61	1,814.57	2,729.85
FAMILY	1,788.19	1,938.73	2,343.40	2,266.51	2,931.97	4,455.59

### SUPERIOR VISION PLAN

SINGLE	4.98
EMPLOYEE + 1	9.97
FAMILY	16.89
Employee Assistance	1.00

### MET LIFE INSURANCE

Basic Life \$10,000	2.30
Basic Life \$25,000	5.65
Basic Life \$50,000	11.30

### Voluntary Life Rates Per \$1,000

0 to 39	0.10
40-49	0.30
50-59	0.51
60+	1.51

5/20/2024

**DENTAL RATES OVER →**



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### Cigna Dental Care Plan

SINGLE	14.66
E+SPOUSE	27.13
E+Child(ren)	31.82
FAMILY	37.98

### Cigna DPPO Base Plan

SINGLE	29.04
E+SPOUSE	38.99
E+ (1) CHILD	35.92
FAMILY	57.30

### Cigna DPPO Buy Up

SINGLE	53.83
E+SPOUSE	72.26
E+Child(ren)	66.59
FAMILY	106.22